

Your Dog, At a Glance

Give this page to a sitter before their first visit. Fill in the essentials together.

01 IDENTITY & CONTACTS

Dog name

Care dates / time window

Owner phone

Backup person + phone

Veterinarian + phone

24-hour emergency vet + phone

DOG

PHOTO

02 THREE THINGS THIS SITTER MUST KNOW

1.

2.

3.

03 DAILY ROUTINE - WHAT TO DO, AND WHEN

WHEN	CARE TASK	IMPORTANT NOTES / CUES
Morning		
Midday		
Evening		
Bedtime		

04 BASIC CARE AT A GLANCE

Meals: time, quantity, and where food is stored

Potty: usual times, location, and verbal cue (if any)

Walks: harness / leash, routes, and any firm safety rules

Keep keys, entry codes, passwords, and other security details OFF this shared sheet. Arrange access privately.

The Detailed Handover

Use real instructions only. Walk through the notes with the sitter before leaving.

05 COMFORT, BEHAVIOR & BOUNDARIES

What helps your dog feel settled? (quiet space, familiar objects, etc.)

Known triggers, body-language warning signs, or situations to avoid

Door, stranger, dog-on-dog, or escape-prevention instructions

06 HEALTH INFORMATION - COPY EXISTING VET INSTRUCTIONS

Medications / allergies: attach the owner-approved veterinarian instructions

Where to find written instructions and medications (do not invent doses)

07 BEFORE THE OWNER LEAVES - CHECK TOGETHER

☐ Sitter has met the dog and seen normal routines	☐ Vet / emergency contacts confirmed
☐ Leash / harness and secure door routine demonstrated	☐ Backup caretaker has agreed to help
☐ Care schedule and likely changes discussed	☐ Questions or unknowns resolved

08 IF SOMETHING CHANGES

For an urgent emergency, contact an emergency veterinarian immediately; do not delay care while waiting for a text reply. Contact the owner and follow applicable consent arrangements.

For suspected poisoning, contact a veterinarian or animal poison-control service promptly. Do not induce vomiting unless directed by a professional.

FINAL HANDOFF

Owner confirms: _____ Sitter confirms: _____
Reviewed on (date): _____ Preferred update method: _____